

**ABSTRACT OF THE DISCLOSURE**

A writing aid for helping to steady a hand of an individual to allow the individual to write in a more steady manner has a writing pad. The writing pad has a magnetic layer. A writing instrument is provided wherein the writing instrument has at least one magnet coupled to a bottom section of the writing instrument. The magnetic attraction between the magnet and the magnetic layer will steady the hand of the individual using the writing aid. The writing instrument is adjustable so that the individual can adjust a distance a writing tip of the writing instrument is deployed. By adjusting the length of the writing tip that is deployed, the individual can adjust the magnetic attraction between the magnet at the bottom section of the writing instrument and the magnetic layer.